

A large, close-up photograph of a woman with dark hair, smiling warmly as she holds the hand of a baby. The baby is looking up at her. The background is a solid light green color.

NATIONAL MINORITY
HEALTH MONTH

April '09

RI CALENDAR OF EVENTS

April is National Minority Health Month, a nationally-recognized campaign to raise awareness of racial and ethnic health disparities and to launch year-round initiatives to eliminate these disparities. The Rhode Island Department of Health is joining this public education effort, reinforcing the state's commitment to eliminate health disparities.



YWCA NRI “Family Health Insurance Information and Resources Workshop”

APRIL 1, 11:30AM

YWCA NRI
514 Blackstone Street, Woonsocket, RI
Right Care, Right Now, Right Near You
presented by Neighborhood Health Plan of RI. Reservations necessary.

CONTACT: JOYCE DOLBEC, 769-7450

YWCA NRI “Kick Butts Day”

APRIL 2, 9AM – 6PM

YWCA NRI
514 Blackstone Street, Woonsocket, RI
Parents pledge to not smoke in their homes or cars. Information, referrals, and resources will be available.

CONTACT: JOYCE DOLBEC, 769-7450

Providence Center Kick-off Walk

APRIL 3, 11AM – 12:30PM

528 North Main Street, Providence, RI

CONTACT: JETZABEL MILLS, 276-6176

Nutrition & Culture, Let culture be your guide

APRIL 4, 10AM – 2PM

St. Michael's Church, Providence, RI

Join us to kick off a multicultural event displaying cultural beliefs around nutrition and healthy eating habits. Refugees from Africa and the Middle East will share their cultural and traditional values with other community members, and there will be cooking demonstration. Childhood Lead Action Project will be demonstrating preventative measures to block lead poisoning in homes.

CONTACT: BAHA SADR, 784-8611

“Search Your Heart Program” Classes

APRIL 7 & 21, 10:30AM – 11:30AM

Campus of Learners
69 Memorial Drive, Woonsocket, RI

In collaboration with the American Heart Association, this program provides education on heart disease to raise awareness of heart-health disparities especially in the African American community.

CONTACT: JOYCE DOLBEC, 769-7450

YWCA NRI “Family Fun Night”

APRIL 8, 6PM – 8PM

YWCA NRI
514 Blackstone Street, Woonsocket, RI

Join us for physical and social family activities. Health and wellness information and resources available.

CONTACT: JOYCE DOLBEC, 769-7450

Unnatural Causes

APRIL 8, 2:30PM – 4PM

Rhode Island State House, Room 31

Representative Donna Walsh invites you to view the nationally acclaimed documentary Unnatural Causes. Follow-up conversation will focus on the issue of health disparities and the future of comprehensive healthcare reform in our state and nation.

CONTACT / RSVP: IVETTE LUNA, 401-463-5368,
IVETTE@OCEANSTATEACTION.ORG

Healthy Cooking and Nutrition Demonstration and Workshop

APRIL 9, 10AM – 12PM

Dominica Manor
100 Atwells Avenue, Providence, RI

The Providence Housing Authority has partnered with the University of Rhode Island Nutrition Program to provide a healthy cooking and nutrition workshop for the residents in this high rise development.

CONTACT: BARTOLA OVALLES, 709-6405

Nutrition Fair

APRIL 9, 11AM – 1PM

The Genesis Center
620 Potters Avenue, Providence, RI

Students from different countries will prepare healthy traditional dishes based on information that they have gotten from the nutrition class provided by staff from URI Stamp Food Educational Program. Recipes will be available.

CONTACT: NANCY FRITZ / RITA SILVA, 781-6110

Providence Center Health Fair

APRIL 10, 10AM – 11:30PM

528 North Main Street, Providence, RI

A health fair with a variety of resources and health education events.

CONTACT: JETZABEL MILLS, 276-6176

Cambodian New Year

APRIL 16, 1PM – 4PM

Providence Center Community Room
528 North Main Street, Providence, RI

Celebrate a traditional Cambodian New Year with a twist. Traditional foods will be prepared in a much healthier way. A New Year dance will performed and traditional dress attire will be worn.

CONTACT: JETZABEL MILLS, 276-6176

YWCA NRI 9th Annual Hearing & Health Screening Fair

APRIL 18, 10AM – 2PM

Elk's Hall
280 Social Street, Woonsocket, RI

Free hearing and health screenings, health and wellness sessions, nutrition and CPR demonstrations, walking club, information, referrals, resources, and free raffles.

CONTACT: JOYCE DOLBEC, 769-7450

Woodlawn Wellness Weekend

APRIL 18, 10AM – 3PM

Woodlawn Community Center
210 West Avenue, Pawtucket, RI

A family wellness event that will showcase healthy choices for our life, including health screenings, a cooking demonstration, a group walk, sample exercise options, planting/gardening demonstrations and education, nutrition information, family health care options, and children's activities. There will be food available, music and dance.

CONTACT: JOAN SOMOZA, 475-7632

Shoot With Your Kids!

APRIL 21, 6PM – 8PM

Laurel Hill Elementary School, Providence, RI

Please join us for free health screenings, raffle prizes, food, a basketball shootout competition for parents and their children, and health education for all ages!

CONTACT: JENNIFER CHAVES, 274-6339 X14



2nd Annual Congratulations on a Job Well Done

APRIL 23, 11AM – 1PM

West End Community Center
109 Bucklin Street, Providence, RI

A celebration luncheon for the Diabetic Support Group and the Teen Mom Walking Group. To include healthy lunch prepared by the West End Community Center, and a demonstration and discussion of preparing cultural foods in a more diet-friendly way provided by the URI Nutrition team in English and Spanish. Raffles, games and prizes that will lead to better health in the coming year.

CONTACT: YANERY GARCIA-CABRAL, 277-3632

African Health Summit

APRIL 25, 10AM – 2PM

St Paul's Church
445 Elmwood Avenue, Providence, RI

The annual African Health Summit is centered on the theme of Health Education Leads to Prevention. Focus will be on diabetes prevention, and will include notable speakers, BMI screenings, vision screenings, and blood pressure screenings.

CONTACT: JULIUS KOLAWOLE, 255-6944

Eliminating Racial and Ethnic Health Disparities by 2010

From Disparities to Equity: The Power to Make Change

Our **10th**
Anniversary!



New England Regional Minority Health Committee presents the 6th
New England Regional Minority Health Conference
October 14, 15 & 16, 2009 • Westin Hotel • Providence, RI



**Early Bird Registration
Begins February 25, 2009**



To register online visit our website, www.nermhc.com.

Conference hosted by the Rhode Island Department of Health

For more information, visit www.nermhc.com



For more information

For more information on the individual events in this calendar, please contact the name and phone number listed.

For more information on National Minority Health Month, visit www.nmqf.org or www.health.ri.gov/chic/minority.